



For better
mental health

Mind Monmouthshire

Annual Report

2010-11

CONTENTS

PAGE

| | |
|----|---|
| 2 | <i>Introduction</i> |
| 3 | <i>MM Trustees</i> |
| 4 | <i>MM Organisational Structure</i> |
| 5 | <i>Chair and Director's Report</i> |
| 8 | <i>Trustees Report</i> |
| 12 | <i>Treasurer's Report</i> |
| 13 | <i>Supported Housing Report</i> |
| 15 | <i>Tenants' comments</i> |
| 16 | <i>Housing Floating Support Service</i> |
| 17 | <i>Day Services Report</i> |
| 18 | <i>Welfare Rights Service</i> |
| 19 | <i>Counselling Service</i> |
| 19 | <i>In the Pink Walk</i> |
| 20 | <i>Accounts Introduction page</i> |
| 21 | <i>Statement of Financial Activities - year to 31 March</i> |
| 22 | <i>Balance Sheet - year to 31 March 2011</i> |
| 23 | <i>Thanks</i> |

INTRODUCTION

Welcome to the annual report of Mind Monmouthshire. This document serves two related purposes. The first is to provide certain technical information required by the Statement of Recommended Practice (SORP) for charities. The second is to provide an overview of our years work to as broad an audience as possible. We hope you find this report both useful and interesting.

Mission Statement

Mind Monmouthshire aims to promote the preservation of mental health and to assist in relieving and rehabilitating people suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment.

Objectives and Activities

In order for us to achieve our aim, as set out in our current mission statement we, Mind Monmouthshire, undertake a number of activities including the provision of services for people across the County.

Public Benefit

We review our aims and objectives every year, collectively as an organisation and then as teams which deliver in the different key activities. This report looks at what has been achieved and the outcomes of our work in the period from April 2010 to March 2011. This report also reflects on the achievements of each key activity and informs of the benefits they have brought to those groups of people we were set up to help.

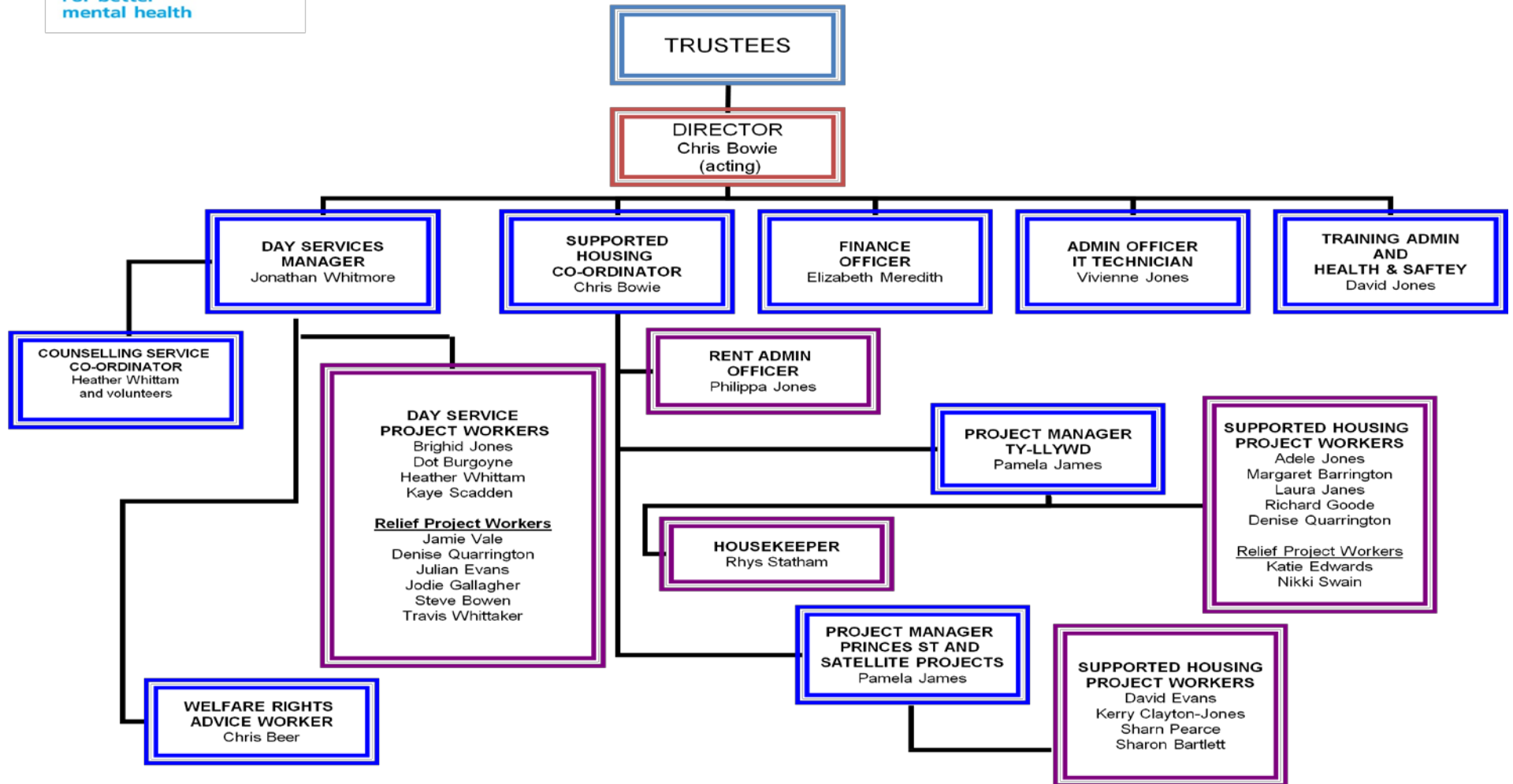
TRUSTEES

Appointed 1 November 2010

| | |
|------------------|-------------------|
| Steve Woods | <i>Chair</i> |
| Anna Morgan | <i>Vice Chair</i> |
| Martin Hickman | <i>Treasurer</i> |
| David Haswell | Trustee |
| John Matthews | Trustee |
| Branwen Scrivens | Trustee |
| David Eynon | Trustee |
| Jonathan Harris | Trustee |
| Margory Price | Trustee |
| Mike Richards | Trustee |
| Robert Bott | Trustee |
| Ruth Barton | Trustee |



Mind Monmouthshire



REPORT OF THE CHAIR & DIRECTOR

Our five key aims underpin and inform all that we do. These are:-

- To combat stigma and promote independence for women, men, children and young people who suffer from mental ill health through a range of appropriate services.
- To provide the best possible quality support and housing services for a wide range of needs, based on the needs of individual
- To promote service user involvement, anti-discriminatory practice and equal opportunities in all areas of our work, recognising the importance of celebrating cultural diversity.
- To promote the principles of lifelong learning and sustainability in our work.
- To ensure a sound financial base underpins all areas of our activity.

The following overarching objectives will be set to determine the organisations broad strategy for the coming years. We will:-

- Consider all means possible for maximising income by diversifying our activities and increasing cost-effectiveness for long-term financial viability.
- Consolidate and continuously improve all service delivery.
- Increase and extend our work with families, children and young people and consolidate our expertise in the field of mental ill health.
- Continue and extend our Day services Outreach Project pilot.
- Focus on ensuring and improving the health and wellbeing of all staff and service users.
- To use all relevant fora to feed into the strategic decision making processes within the Mental Health arena.
- Ensure that internal communication is as effective as possible.
- Be creative and innovative in whatever we do.

Our balance sheet for the year reflects our sound financial management, and our achievements in the services, for which we are publicly funded, are the result of good leadership and direction from the management team and line managers, and the commitment and enthusiasm of our project workers.

Staff and trustees associated with Mind Monmouthshire are committed to improving and enhancing the quality of the services it provides to the people of the County and we have been looking at how we can provide our services to the south of the County as effectively as we do in the North.

Mind Monmouthshire has become increasingly involved in the wider issues around the shaping and delivery of services across Monmouthshire. Involvement in the Monmouthshire Strategic Planning Group and Gwent Mental Health Alliance has ensured that our voice is heard. Our services help Monmouthshire to meet some of the requirements of the National Service Framework. We hope we are influential in spreading the Mind culture of belief in people who use services being offered an active role in shaping those services, and in promoting the expectation

that those services should meet individual's needs in the same way as we expect physical care services to do.

Mind Monmouthshire is committed to the development of high quality citizen centred services to improve peoples' wellbeing, promoting choice and rights to everyone who requires our support.

Celebrating Success

During the financial year 2010 to 2011 this organisation went through a period of change. I think it's important that we look at what we have achieved and celebrate our successes.

Day Services

We closed all our Drop-in services at the end of March 2011. We were in a position where we could have lost £160,000. After some months of negotiation with the Commissioners from August 2010 until the March 2011, we have been able to re-model how we provide day services and HiWay was developed and designed which provides employment for 6 staff.

We have seed funded self-help groups in Abergavenny and Monmouth, which are called 3C's in Abergavenny and Time for Change in Monmouth which provide support for those service users who do not wish to join the HiWay service.

Welfare Rights

We have set up a new style Welfare Rights Service, which has been gratefully received. The service provided benefit advice to service users in both the North and South of the county.

Housing Projects

During the year I describe, we have had sad times; however we have a lot to celebrate. The Supporting People team agreed to fund all 16 beds at Ty Llwyd; this has added £7,367 to that funding stream. The Supporting People team also agreed to fund a Floating Support Service for 6 people across Monmouthshire which has added a further Annual Income of £31,016.94. In addition to that we have received £15,000 to implement the SPRiNT IT system across all of our Support Services, which is now due to go live in 2011.

The real measure of our success is that of the 15 service users who have moved on from Mind Monmouthshire services 12 have moved on to independent living in the community.

Organisation

The bid for £6,000 Mind Monmouthshire applied for from the 'Coping With Cuts' funding was successful; this is paying for a Consultant to look at the feasibility and cost effects of centralising our 'back room' services in conjunction with Torfaen Mind and Newport Mind. This news has been received well by the Aneurin Bevan Health Board who have previously stated that they did not want to negotiate separate contracts with all the LMA's in Gwent and would welcome collaborative working arrangements.

Our building at 45b Cross St is in dire need of updating and repair. After many months of planning and consultation with the MCC Planning Department we have been able to get quotes for new windows and doors plus a full central heating system. We have re-designed the ground floor of the building to provide a small meeting room/ interview room and larger office for our staff to use. This work is being completed now.

Quality

We achieved the Quality Management in Mind Award at level 1. This was no mean feat and in order to achieve this we introduced a Quality Review Group which has increased Trustee involvement in the every day activities of the organisation.

Looking forward to the future.....

Our Oakley Way service closed after our last tenant successfully moved on to his own accommodation; however we aim to retain that funding and expand the floating support service in negotiation with the Monmouthshire County Council Supporting People team.

We look to extending our HiWay Service Provision past March 2012 and are engaging with Cardiff University and Community Mental Health Teams in a research project to look at what outcomes we can measure in this service.

Our Investors in People Award will be re-assessed in late 2011. We aim to retain this and are working hard to ensure that we deliver what is required to do so.

None of this would be possible without the sterling effort and valued support of our trustees, and the invaluable and appreciated efforts of our staff members. Likewise, the commitment and participation of people who use our services, and of course those organisations that fund and support us, ensure our continued effectiveness.

Chris Bowie
Acting Director

REPORT OF THE TRUSTEES

For the year ended 31 March 2011

The trustees present their report with the financial statements of the charity for the year ended 31 March 2011. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number: 511142

Principal address:

45B Cross Street
Abergavenny
Monmouthshire NP7 5ER

Solicitors:

Morgans
Central Chambers
Lion Street
Abergavenny
NP7 5PE

Auditors:

Watts Gregory LLP
Chartered Accountants & Registered Auditors
Elfed House
Oak Tree Court, Mulberry Drive
Cardiff Gate Business Park
CARDIFF
CF23 8RS

Bankers:

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

Lloyds TSB Bank plc
High Street
Abergavenny

Secretary to the Executive Committee:

Elain Hogan, Director (Christine Bowie, Acting Director)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

The organisation is a charity registered in March 1980 and governed by its constitution dated 2009.

Recruitment and appointment of new trustees

Under the requirements of the constitution, at each Annual General Meeting the members of Mind Monmouthshire shall elect at least three principal officers, namely a Chair, a Treasurer, and an Honorary Secretary or Vice Chair, together with such other officers as Mind Monmouthshire sees fit. Under the Rules for the day-to-day conduct of Mind Monmouthshire, as set up under clause 9 in the constitution, a minimum of three and a maximum of fifteen trustees can be elected, all of whom will serve on the Executive Committee. At least one third of the trustees will have had experience of the mental health services. Trustees are elected to stand for one year and may stand again for election immediately. At present the trustee group contains several members from a variety of backgrounds relevant to the work of the charity.

Recruitment of new trustees is via publicity in the local press and information boards, direct mailings to many local organisations, press advertising and by direct approaches to individuals identified as possessing the skills required.

People who express an interest in becoming a trustee are invited to meet with the director, or another senior manager or another trustee so that the role and obligations of the post can be explained prior to that person deciding to stand for election.

Trustees do not receive payment for any contribution they make. Any conflicts of interest are declared and any trustee with a conflict of interest would absent themselves from the meeting and from any decision making when a possible conflict of interest arises.

Induction and training of new trustees

Trustees are provided with an information pack on the organisation and its work, the role of and legal obligations of trustees, including role descriptions for trustees and officers of the Executive Committee. Appropriate leaflets published by the Charity Commission are also included. Visits to the projects to meet service users and staff are arranged. Training sessions on the trustee role are organised.

Related parties

Mind Monmouthshire is affiliated to national Mind and subscribes to their values and objectives.

The Acting Director is a member of the Monmouthshire Mental Health Locality Planning Group. Staff and members of the charity take part in the planning of mental health services and contribute to local forums whenever possible.

Mind Monmouthshire works in partnership with several other agencies to provide services to people experiencing mental ill health. These include Reach, Charter Housing Association, Aneurin Bevan Health Board, Monmouthshire Social and Housing Services, Monmouthshire Housing, the Gwent Association of Voluntary Organisations and the Community Mental Health Teams, both in the north and south of the County.

Risk management

Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety regulations for staff, volunteers, service users and visitors to the office or projects.

Implementation of the Mind Quality Standards and our aim to continue to meet the standards reached for the Investor In People assessment and award in January 2009, ensure a consistent quality of delivery for all operational aspects of the charity. Regular reviews ensure our procedures continue to meet the needs of the charity.

Staff Related Issues

The Housing Team has been structured so that Mind Monmouthshire has 2 Project Managers, each managing a team of Supported Housing Workers. One Project Manager and team cover Ty Llwyd, which has 16 beds, and the other Project Manager and team covers Princes St and satellite projects, which have 15 beds in total. The vacant Project Manager was filled by Ruth Watkins in August 2010 but very sadly Ruth passed away after a very short illness in January 2011. The organisation will recruit to that post in the next financial year so that the staff team and organisation has the opportunity to reflect.

Our Drop-in staff faced change in this financial year as the service came to an end and the new HiWay service was formed. All staff had an opportunity to apply for the new posts offered in this project and Heather Whittam and Jodie Gallagher did just that and became F/T HiWay Caseworkers one based in North Monmouthshire and One based in South Monmouthshire. Sadly, in March 2011 4 staff members were made redundant.

Our Director became ill in May 2010 and did not return to her post for the rest of the financial year. The Supported Housing Co-ordinator stepped up to cover that role on 18th May 2010 and became Acting Director.

Mind Monmouthshire has highly motivated, energetic, flexible and professional staff who have demonstrated their ability to provide a high quality service. This has been tested throughout the organisation as all involved have worked through a difficult year.

Conclusion

Despite a year of challenges, Mind Monmouthshire has become increasingly involved in the wider issues around the shaping and delivery of services across Monmouthshir. Involvement in the Monmouthshire Mental Health Locality Planning Group and in the Pan Gwent Mental Health Alliance has ensured that our voice is heard. Our services help Monmouthshire to meet some of the requirements of the National Service Framework. We believe we are influential in spreading the core values of Mind to those who use services being offered. We also take an active role in shaping those e services, and in promoting the expectation that those services should meet individual's needs in the same way as we expect physical care services to do.

Steve Woods
Chair of Trustees

TREASURERS REPORT

For the year 2010- 2011

This is my second year as Treasurer and I continue to learn about the Organisation and its role. Again, it has been a challenging year for both myself and the Organisation but we continue to meet these challenges and look forward to an improved future.

The year has been difficult in many ways particularly as our funding was under threat. We are also in the position of awaiting news of a possible claw back relating to some of our funding from previous years. Hopefully this will be resolved during the coming months.

We have designated funds for the improvement of 45b Cross Street, to enable us to bring more of our services together under one roof, thus ensuring the unnecessary wastage of expense elsewhere.

I am more than happy to present these accounts to you for the year ending 31st March 2011, and would like to express my thanks to our accountants, Watts Gregory LLP. In particular to thank Julia Mortimer and her team, for their valuable help in producing them. Also for their expertise, support and advice throughout this period.

I would like to take this opportunity to thank all our funders, without whom we could not survive. Monmouthshire County Council, Social and Housing Services including the Supporting People Team, Aneurin Bevan Local Health Board, Monmouthshire LHB, the Welsh Assembly Government and Wales Council for Voluntary Action.

I would also like to offer my thanks to all the hard working employees of Mind Monmouthshire who have helped to formulate and manage their budgets. I can, only too well, imagine what a difficult task this must have been. Lastly, a special thank you to Elizabeth who has ably helped me to continue in the role of your Treasurer.

Martin Hickman JP

SUPPORTED HOUSING SERVICES

The Supported Housing Service exists to promote and maintain good mental health alongside a tenancy and support to maintain that tenancy.

We offer our services to people who fit the following criteria:-

currently has a supported Housing need, and can live within a mixed gender communal setting.

- 1 Is prepared to engage with the support offered, and actively undertake responsibilities for a tenancy.
- 2 Involved with Mental Health Services.
- 3 Does not require personal care, or need meals provided by Mind Monmouthshire.
- 4 Has a willingness to work towards more independent living.
- 5 Is able to self medicate without staff prompting.
- 6 Has a diagnosed mental health disorder.
- 7 Primary issues are not drug or alcohol use or related. However persons, who have a secondary drug/alcohol issue, can be accepted, if they have been undergoing an active treatment /recovery programme for a 6 month period.
- 8 Aged over 18 years old.
- 9 Does not have a recent history of persistent violence, eligibility for sex-offenders depending on risk documentation.
- 10 No history of arson or fire setting.

The team works together to provide tenancy support for a total of 31 tenants.

These tenancies are based in projects in Abergavenny (Ty-Llwyd, Princes St, Merthyr Rd, Dan y Deri and Pant Lane) and Caldicot (Oakley Way).

Mind Monmouthshire Supported Housing Team consists of:-

- 1 Supported Housing Co-ordinator
- 2 Project Managers
- 9 Project Workers
- 1 Personal Support Worker
- 1 Housekeeper

Our team provide a service based on the principles of:-

- Valuing people as individuals.
- Supporting people to make informed choices and take responsibility for their own lives.
- Providing and maintaining a safe comfortable positive environment in which to work and develop.
- Promoting an environment of mutual respect.
- Developing and maintaining trust, while respecting confidentiality.

The support provided to our tenants is delivered through the Welsh Assembly Government's Supporting People policy and funding framework, with specific emphasis on providing high quality services to enable vulnerable people to live independently.

During the year we have received 32 referrals resulting in 32 assessments and 13 people being offered places in the projects.

Staff Related Issues

The Housing Team welcomed Ruth Watkins into the role of the project manager for Princes Street and the satellite projects in September sadly Ruth died in January 2011, and will be greatly missed by the organisation.

The housing team have been proactive around tenant participation this year, by supporting tenants, to develop a gardening group based at Tyllwyd, this has been very successful, and won several awards from charter housing.

Within the housing team there has been no significant staff absence this year and this has reinforced my belief that Mind Monmouthshire has highly motivated, energetic, flexible and professional staff who has demonstrated their ability to evaluate in order to provide a high quality service.

On Call Service

The on call service has been accessed 63 times between April 2010 and March 2011. This resulted in telephone support being given to tenants on 44 occasions and face to face support being given to tenants on 19 occasions.



Tenants receiving certificates for Charter Gardening Awards
as a result of the gardening club



Comments made by tenants

"Mind has put me on the road to recovery. I find staff friendly and bubbly. When I ask if staff can help in any situation usually the answer is yes. Very helpful staff."

"I really appreciate the support from staff as I would not get this in my own home town. The support helps me to manage crisis and general mental health. Very good staff team who are enthusiastic about supporting me."

"I didn't know what I feel coming here before I came. Now I'm here it feels homely. There was a tense atmosphere in hospital, and here in the house the atmosphere is good. It has been positive move for me. I feel more relaxed here. The staff are good."



NEW FLOATING TENANCY SUPPORT SERVICE

For people experiencing mental health problems



Mind Monmouthshire offers floating support services funded by the Supporting People Grant. Our floating support offers support services to men and women living in their own home whether it is rented accommodation or privately owned and is targeted at vulnerable people of all ages. We have 6 funded floating support units across Monmouthshire.

Each person receiving support will be allocated a Project Worker as key worker; who provides an individually tailored package of support to each service user. Our structured support package enables people to develop the skills and confidence needed to maintain them selves in an independent home within the community.

What can we do?

- Support with maintaining tenancies
- Access to other Mind Monmouthshire services
- Regular monitoring of your mental health
- Help with claiming benefits
- Help with budgeting/managing your money
- Help to develop life skills
- Help with housing problems and dealing with landlords
- Support to improve confidence and self-esteem
- Emotional support
- Help to set up new social contracts / activities
- Talking with other agencies or individuals on your behalf
- Help to access other services and opportunities, e.g., housing, health, social services, education, training, employment, legal and counselling
- Mediation / support to help develop relationships
- Other practical support

This service started in October 2010 and was modelled to provide 6 units of Floating Support until March 2011. The service has proved to be extremely successful and during the period discussed we supported seven individuals in their homes. Three Individuals left our service after receiving the support they required and at the end of March 2011 we were supporting four individuals.

To access this service or for further information please contact Mind Monmouthshire on 01873 858275.

DAY SERVICES

This has been a year of change for Mind Monmouthshire Day Services. We have transformed from traditional drop-ins to a recovery-based, person-centred outreach service.

The changes were first discussed at a Day Services staff workshop in September at which the Commissioner, Bernard Boniface, outlined the need for a change in our approach and the benefits of an outreach service.

Service users were quickly involved and series of meetings to discuss the changes was held and an explanatory leaflet issued. Service users were also encouraged to consider setting up their own self help groups. Linda Williams from GAVO was very supportive in facilitating these groups. Mind Monmouthshire trustees agreed to donate a sum of money towards the initial costs of setting up.

Staff attended meetings where management described the changes and explained that jobs would be very different in the new service. The posts of existing Day Service staff were declared redundant. Four staff chose to apply for jobs in the new service two of these were successful.

At an early stage in the development of the new outreach service, research, including visits to projects where similar changes had been made was undertaken. The Monmouthshire Community Mental Health Teams in the north and south of the county were consulted and a dialogue was opened concerning the way the new service would operate.

A special event, which was extremely well attended, was held at the end of March 2011 to celebrate the achievements of 3Cs and to introduce the new service.

It was agreed that the new service would be called HiWay. Operations commenced on 1st April 2011.

WELFARE RIGHTS SERVICE

The Welfare Rights service recommenced after a long period of inactivity in December 2010. Advice work is provided by face-to-face meetings with clients who are referred by professionals in the field or are self-referred. There are two “surgeries” each week, in Abergavenny and Chepstow: we are also developing other ways to assist, notably for people whose illness makes it difficult for them to travel. The service gains greatly from an excellent working relationship with the Community Mental Health team in Chepstow.

The estimated value of benefits for which we provided advice, support and an application-writing service for clients who saw us in the first three and a half months is almost £56,000, of which over £10,000 was from official errors or arrears. The £56,000 is based on a reasonable assumption of value and the probability that benefits awards will continue for a year but it doesn't include the knock-on benefits increases – for example, increased Housing Benefit as a result of other improvements in benefit status. Some of these clients are still awaiting a positive decision and our support for them continues. In the 14 weeks of operation to the end of March there were 41 clients with substantive benefits issues.

It is regrettable that the administrative ethos for disability benefits is now one of what seems to be uncomprehending hostility. We saw increasing numbers of clients who had been judged fully competent for full-time work when it was clear from the application that they had difficulty with day-to-day activities, let alone the stresses of employment. The DWP specialists trained and employed to help people with severe disabilities appear to have been withdrawn, presumably victims themselves of the cuts. Other staff seem to have no understanding of benefits law as it applies to people with disabilities.

DWP administrative reviews of cases which have scored no points (our assessment being typically in the mid-50s) seem always to confirm the initial outcome so that the case has to go to a Tribunal, with additional unnecessary expense for the government and huge stresses for our clients. It may be no accident that government press releases emphasise the initial results rather than those following appeals.

The financial impact on individuals and their families is important, but we believe that being a source of support and understanding is just as vital. As one client put it in an email: “Thank you very much for the work you have done for me - it is greatly appreciated. It really helps me to know that I have people who both believe in my illness and are understanding”. It's encouraging to know that it's our approach as well as our knowledge which makes life easier for people suffering mental ill-health in Monmouthshire.

COUNSELLING SERVICE

The Mind Monmouthshire counselling has successfully fulfilled its role in providing an additional service for people with mental illness alongside the one provided by the Local Health Board. The service is unfunded and is supported from Mind Monmouthshire reserves with a small amount of fee income coming from clients.

Mind Monmouthshire only uses volunteer counsellors. All of these counsellors are fully qualified and experienced. Mind Monmouthshire covers volunteers' travelling expenses, some training fees and external supervision costs. During the operational year four volunteer counsellors have worked for Mind Monmouthshire. The counsellor who covered the south of the county moved on to further her career in July 2010, and another counsellor joined us at the end of February 2011.

During the year, the counselling service dealt with 24 clients using 241 hour long counselling sessions. The average number of sessions per client was therefore 10.

Waiting times during the year were mostly around two to three weeks, but no advertising was undertaken except for a page on the Mind Monmouthshire website. Referrals came via Mind Monmouthshire Day Services and Housing staff, GPs and self-referral.

IN THE PINK WALK



Supporting People Project Workers raised £300 by completing a 10 mile walk for the 'In the Pink' Charity. We dug out our walking boots and walked from Gilwern to Llangynidr along the canal tow path. This walk was prompted by the sad death of Ruth Watkins our Project Manager. After the walk we joined hundreds of other walkers at the playing fields in Llangynidr to celebrate our achievement.

FINANAICAL STATEMENTS

For the year ending 31 March 2011

The following pages represent a summary of the Financial Statements for the year ended 31 March 2011. They are not the statutory accounts but a summary of information relating to both the Statement of Financial Activities and the Balance Sheet.

A copy of the full Annual Accounts and the Trustees' Annual Report is available upon request from: -

Mind Monmouthshire
45B Cross Street
Abergavenny
NP7 5ER

We can confirm that the Trustees Annual Report and Accounts have been submitted to the Charity Commission.

Signed
(On behalf of the Trustees)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2011

| | Notes | Unrestricted funds £ | Restricted funds £ | 2011 Total funds £ | 2010 Total funds as restated £ |
|--|-------|----------------------------|--------------------------|-----------------------------|--|
| INCOMING RESOURCES | | | | | |
| Incoming resources from generated funds | | | | | |
| Voluntary income | 2 | 2,528 | 62,705 | 65,233 | 47,689 |
| Activities for generating funds | 3 | 2,364 | - | 2,364 | 8,529 |
| Investment income | 4 | 1,176 | - | 1,176 | 659 |
| Incoming resources from charitable activities | | | | | |
| Drop in services | | - | 122,285 | 122,285 | 121,671 |
| Housing projects | | 596,391 | - | 596,391 | 513,192 |
| Welfare rights and money advice | | - | 12,125 | 12,125 | 12,125 |
| Other incoming resources | | <u>535</u> | <u>-</u> | <u>535</u> | <u>535</u> |
| Total incoming resources | | <u>602,994</u> | <u>197,115</u> | <u>800,109</u> | <u>704,400</u> |
| RESOURCES EXPENDED | | | | | |
| Charitable activities | | | | | |
| Drop in services | 6 | 10,672 | 170,518 | 181,190 | 168,602 |
| Housing projects | | 454,159 | - | 454,159 | 418,016 |
| Welfare rights and money advice | | - | 3,796 | 3,796 | 6,937 |
| Counselling | | 9,828 | - | 9,828 | 8,763 |
| Governance costs | 8 | <u>48,529</u> | <u>-</u> | <u>48,529</u> | <u>38,427</u> |
| Total resources expended | | <u>523,188</u> | <u>174,314</u> | <u>697,502</u> | <u>640,745</u> |
| NET INCOMING RESOURCES | | <u>79,806</u> | <u>22,801</u> | <u>102,607</u> | <u>63,655</u> |
| RECONCILIATION OF FUNDS | | | | | |
| As previously reported | | 677,534 | 6,181 | 683,715 | 571,353 |
| Prior year adjustment | 11 | <u>(64,169)</u> | <u>-</u> | <u>(64,169)</u> | <u>(15,462)</u> |
| As Restated | | <u>613,365</u> | <u>6,181</u> | <u>619,546</u> | <u>555,891</u> |
| TOTAL FUNDS CARRIED FORWARD | | <u><u>693,171</u></u> | <u><u>28,982</u></u> | <u><u>722,153</u></u> | <u><u>619,546</u></u> |

**BALANCE SHEET
AT 31 MARCH 2011**

| | Notes | Unrestricted funds £ | Restricted funds £ | 2011 Total funds £ | 2010 Total funds as restated £ |
|--|-------|----------------------------|--------------------------|-----------------------------|--|
| FIXED ASSETS | | | | | |
| Tangible assets | 12 | 248,011 | - | 248,011 | 254,908 |
| CURRENT ASSETS | | | | | |
| Debtors: amounts falling due within one year | 13 | 58,510 | - | 58,510 | 14,257 |
| Cash at bank and in hand | | <u>497,498</u> | <u>28,982</u> | <u>526,480</u> | <u>431,570</u> |
| | | 556,008 | 28,982 | 584,990 | 445,827 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 14 | (110,848) | - | (110,848) | (81,189) |
| NET CURRENT ASSETS | | | | | |
| | | <u>445,160</u> | <u>28,982</u> | <u>474,142</u> | <u>364,638</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | | | | |
| | | <u>693,171</u> | <u>28,982</u> | <u>722,153</u> | <u>619,546</u> |
| NET ASSETS | | | | | |
| | | <u>693,171</u> | <u>28,982</u> | <u>722,153</u> | <u>619,546</u> |
| FUNDS | | | | | |
| Unrestricted funds | 17 | | | 693,171 | 613,365 |
| Restricted funds | | | | <u>28,982</u> | <u>6,181</u> |
| TOTAL FUNDS | | | | | |
| | | | | <u>722,153</u> | <u>619,546</u> |

The financial statements were approved by the Board of Trustees on 5 September 2011 and were signed on its behalf by:

S Woods (Chair) -Trustee

WITH THANKS FROM MIND MONMOUTHSHIRE

We would like to thank all those who have contributed financially to our organisation.



Llywodraeth Cynulliad Cymru
Welsh Assembly Government



CYNGOR
monmouthshire
COUNTY COUNCIL
sir fynwy



Cefnogipobl
supporting **people**

Supporting independence
Cefnogi annibyniaeth



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd
Aneurin Bevan
Health Board

